



Programme on
Change your Image, Change your Life!
(Making a difference in your life)
[Batch-8]
12 Class Sessions, 6.30 pm – 8.00 pm
Monday to Saturday, February 4 to 16, 2019

at Torrent-AMA Management Centre, Core-AMA Management House,
AMA Complex, Dr. Vikram Sarabhai Marg, Ahmedabad 380 015

“The way you look directly affects the way you think, the way you feel, the way you speak, the way you act or behave; and then, the way others react or respond to you.
– Judith Rasband

Presenting a training programme to create a powerful impression and succeed in personal, professional, and social life.

Each one of us presents an Image Consciously and Subconsciously all the time. Through the Image that we project, we communicate with people without saying a word.

This training teaches us to optimally use Clothing, Grooming, Etiquette to maximize our impact on others. So that long after a personal, professional, or social meeting is over, we are still remembered and recalled with admiration and purpose.

Interactive and activity based sessions:

- Establishing a Positive First Impression
- Power of Personal Appearance and Grooming
- Effective use of Body Language techniques to be confident
- Talk your way to success with Effective Communication Skills
- General & Business Etiquette
- Healthy Mind and Body

Who should attend? Students, Businessmen, Housewives, Entrepreneurs, Corporate Executives etc.

Faculty : Ms. Swapna Sai P., Certified Image Consultant & Soft Skills Coach

Fees : Rs.2500/- including GST. Fee includes course fee, cost of reading material & refreshments.

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Registration Form:

Please fill-in and return this form along with participation fee to :

Ahmedabad Management Association, AMA Complex, Ahmedabad 380015.

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E-mail: ama@amaindia.org • **Website:** www.amaindia.org

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Name(s)	Position
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Organisation:	
GST No.:	AMA GST No.: 24AAATA 5881D1Z0
Address:	
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